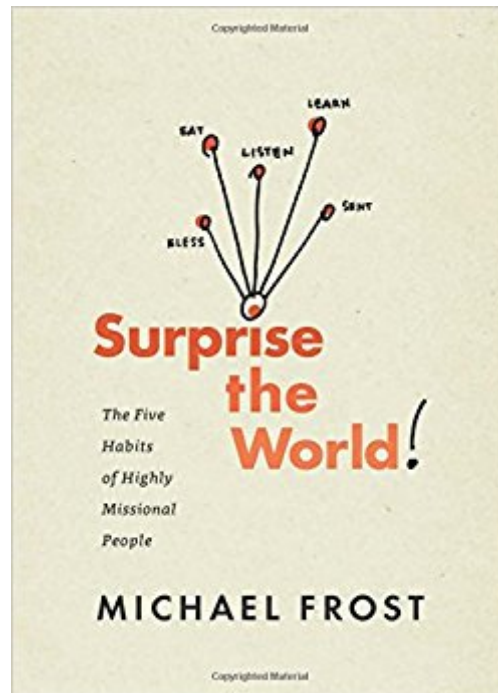




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# Surprise The World: The Five Habits Of Highly Missional People



## Synopsis

Christianity is a surprising religion. It has changed the world in remarkable ways throughout history simply through Christians living out their faith. More recently, we've become afraid of a habituated Christianity, thinking that routines will rob our faith of its vitality. The net effect is that we've replaced the habits that surprise the world with habits that mimic the world and both we and the world suffer for it. Integrating the five habits in the BELLS model—Bless others, Eat together, Listen to the Spirit, Learn Christ, and understand yourself as Sent by God into others—will help you spread the gospel organically, graciously, and surprisingly. Michael Frost, a world-renowned expert on evangelism and discipleship, makes evangelism a lifestyle that is fulfilling, exciting, effective, and easy to live out!

## Book Information

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## Customer Reviews

"Mike has simplified the way of Jesus for our world today. Grab some friends, commit, and watch the kingdom become tangible." --Hugh Halter, author of *Brimstone, Flesh, and The Tangible Kingdom*

"Christian missional living and evangelization can be stressful, but Frost makes it more natural, more compassionate, and more fulfilling in this easy-to-read guide." --Publishers Weekly

--This text refers to the Audio CD edition.

Mike has simplified the way of Jesus for our world today. Grab some friends, commit, and watch the kingdom become tangible. (Hugh Halter, author of *Brimstone, Flesh, and The Tangible Kingdom*)

I bought this book with the hopes that it would give me some ideas to live a more "real" Christianity.

I have been in church my whole life, but I am always seeking out ways for the truth of the Gospel to be ever more relevant to my life and real in my life (because it is and should be!). This book was refreshing, interesting and included a lot of stories, examples and quotes to reinforce the main points - it challenges the very worldview we have as Christians and provides clear, practical steps for putting this new perspective into action. I probably will not now base my entire life and routine on the strategy of the book, but I will definitely be more aware of the points it emphasizes and seek to implement them in creative ways as I'm able. Well worth the money!

This is essentially a longer essay by Frost about the BELLS (Bless, Eat, Listen, Learn, Sent) missional practices. For a short read, Frost packs a lot of sense into this. He hesitates to provide such practical and model-able advice, however, I found that it was helpful to see what this looked like in his context so that I could contextualize it within my own. This would additionally work well as a primer for a small group or MC that was looking to get into some of the BELLS practices.

To be a first-century Christian meant to live a life counter-culturally. Your actions were questioned, and your generosity and love was surprising to all. This, truly, changed the world. To be a present-day Western Christian, well, it's not surprising at all. It's no wonder that so many Jesus-followers desire to change the world, but see no fruit. It's because they blend in. This book is written to help you live a new life that's surprising, and loving, and world-changing, as God intended. Loved it.

Michael Frost consistently breathes perspective into the church by focusing on the individuals. Jesus took time to speak to the individual person even while on the cross. There's something to be said about emphasizing the individual's spiritual growth in order to properly grow The Kingdom.

Inspiring and practical guide for Discipleship. Great for starting and maintaining Triad groups. I head Michael, this guy lives what he writes about. Being a believer is surprisingly wonderful, engaging and difficult. Don't try to do it alone!!! This book and approach to missional living will help you team up with others. That's the genius Jesus had by founding the church. Amazing!!!

This is a short book that is easy to read but don't let that fool you. It packs a powerful punch. Using the acronym B.E.L.L.S. (Bless, Eat, Listen, Learn, Sent), this book has started a continual conversation in our church about how to be a blessing to others.

Love this book! It is small enough and an easy read to draw in "nonreaders" while containing all the content and solid discussion of the concepts to keep the interest of missional practitioners! I am leading a group of friends through this book and we are all loving it and feeling challenged at the same time! Well Done Michael Frost!

Bless people more, eat and share meals with others in order to me more missional, take time to listen to the Spirit, spend a chunk of time each week learning more about Christ and journal how you have shared Christ in another's lives! Loved his 5 suggestions on how we can live more missional lives. I'm excited to put his suggestions into practice.

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